



Monday

French Onion Soup
£0.60    

Braised British Beef Steak in a Rich Sauce
£3.80  

Chunky Vegetable Chilli with
Coriander Rice
£1.90   

Tuna & Sweetcorn Fishcake with Pickled
Cucumber Salad & Tangy Tomato Sauce
£2.65 

British Turkey Escalope with Orange &
Mint Ebly Wheat
£2.95 

Thursday

Tomato & Basil Soup
£0.60   

Individual Chicken & Mushroom Pie
£2.40 

Spring Vegetable Casserole with Toasted
Country Bread
£1.65   

Grilled British Barnsley Lamb Chop on
Crushed Rosemary New Potatoes
£3.80  

Grilled Medallions of British Pork with
Neapolitan Beans
£2.95  

Tuesday

Vegetable Broth Soup
£0.60    

Honey Glazed Loin of British Bacon on
Spiced Sweet Potatoes
£2.95  

Tomato, Spring Onion & Pepper
Omelette "Pizza"
£2.15   

Classic Oven Baked Lamb Moussaka
£2.40 

Grilled Breast of British Chicken served
with Salad in a Soft Wholemeal Bap
£2.95 

Friday

Red Lentil Soup
£0.60  

Golden-fried Fish of the Day with
Tartare Sauce
£3.45 

Bubble & Squeak Cake Topped with a
Poached Free Range Egg
£1.45   

Spicy Sausage & Tomato Wellington
£2.65 

Grilled Supreme of British Chicken with
Chick Pea & Spring Onion Mash
£3.25  

Wednesday

Cream of Chicken Soup
£0.60  

Roast Topside of British Beef with
Yorkshire Pudding
£3.80 

English Stilton, Spinach & Walnut Penne
Pasta Bake
£2.40  

Southern Fried Norfolk Turkey Steak with
Sweetcorn Chutney
£2.95 

Spiced Fillet of Pangasius with Curry Sauce
on Steamed Brown Rice
£3.80  

-  Higher Fat
-  Lower Fat
-  Medium Fat
-  Vegetarian
-  Suitable for a Gluten Free Diet
-  Suitable for Vegans

Some of our menu items contain allergens.
There is a small risk that traces of these may be found in other products
served here.
We understand the dangers to those with severe allergies so please ask
to speak to a member of staff who will endeavor to help you make your
choice.

