



2<sup>nd</sup> – 6<sup>th</sup> March

## Monday

Mushroom & Garlic Soup

£0.60   

Grilled Sausage with fried Onions & Savoury Potatoes

£2.65 

Beef Minute Steak Sandwich with Tomato Relish

£3.25 

Penne Puttanesca

£1.90  

Fish of the Day

£3.80  

## Thursday

Curried Parsnip Soup

£0.60  

Roast Leg of Lamb with Honey Glaze

£3.80 

Chicken & Ham Pie

£2.40 

Veggie Burger in a Sour Dough Bap with Salad & Onion Rings

£2.95  

Fish of the Day

£3.80  

## Tuesday

Haricot Bean Soup with Croutons

£0.60  

Jerk Chicken with Rice & Black Eye Beans

£2.15  

Grilled Pork Escalope with Creamed Peppercorn Sauce

£2.40  

Cauliflower Cheese Pie with a Cracked Black Pepper Crust

£1.90  

Fish of the Day

£3.80  

## Friday

Cream of Tomato Soup

£0.60   

Breaded Turkey Escalope with Spicy Noodles

£2.95 

Braised Spare-rib Pork Steak with Barbecue Beans

£1.65 

Quorn & Red Pepper Lasagne

£1.45  

Fish of the Day

£3.45 

## Wednesday

Courgette & Cumin Soup

£0.60  

Lamb Madras with Steamed Rice & Naan Bread

£2.95 

Spicy Beef & Pasta Bake

£2.95 

Leek & Caerphilly Sausages with Roasted Red Onions

£2.95  

Fish of the Day

£3.80  

-  High Fat
-  Low Fat
-  Medium Fat
-  Vegetarian
-  Suitable for Coeliacs
-  Suitable for Vegans

Some of our menu items contain allergens. There is a small risk that traces of these may be found in other products served here. We understand the dangers to those with severe allergies so please ask to speak to a member of staff who will endeavor to help you make your choice.